SHINE A LIGHT

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SHINE A LIGHT Newsletter

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Viral Replication & Testing

Viewer Comment: "I think anyone still promoting the existence of this novel conronavirus as the cause of COVID-19 symptoms along with this asymptomatic pandemic is now controlled opposition. At this point there is no excuse not to question the methodology of virology such as claiming isolation of a virus and proving that it is contagious - and the absurdity of the PCR test. Without the test, the asymptomatic pandemic would be impossible and the flu would be forced to come out of retirement. Thank you for your world-class work. I look forward to researching and learning more on your website."

When you consider that there is literally no proof that there is widespread death, at least no more than the annual normal, you begin to see the propaganda clearly. You never see footage inside hospitals, vet they claim thev're overflowing—they're not. Nurses are some of the most misinformed people when it comes to this situation. They are on the 'front lines', but as many war veterans admit, they did not understand the situation until they got out of the war and had time to contemplate it all. Only then were they able to see the bigger picture.

While these nurses are in the midst of all this, they are being misled from the top down, are misinterpreting their observations and are confused. They are in the midst of the deception and are directly prone to all of its confusion therein. Add unto this that many woman are nurses, and many woman are over-dramatic and emphasize events that may or may not have happened in the way they claim.

In fact, there is not a lot more dying now than they do every year. That is the fact according to even the official death statistics, when taken in totality. They tried to hide these numbers, as I predicted they would, but they could not, and failed. Every year, there are fluctuations of flu cases just as there is the weather. Each year is different from the last—even the official yearly graphs show this fluctuation. The same is true for coronaviruses, which are a type of cold/flu virus. The symptoms that many are experiencing, and the deaths, are being caused by the medical treatment many

people receive in combination with pre-existing conditions. The use of antibiotics, antivirals, ventilators, and so forth, are all causes of death in people.

The PCR test is fraudulent on its face. You cannot test for viral replication accurately. It is an impossible test. While you can find genetic material leftover from viral replication that says "Yes, you have this type of genetic material, and you may have genetic material shared with this particular virus...", this does not show the amount or rate of replication taking place in cells, nor does it explain that many different illnesses share the same genetic information/antibodies. And remember, that viruses are always at work in the body even in very small amounts—they are an intrinsic part of the body and assist cells in breaking down toxins. Think of the implications there. This means that many millions of people will be testing positive for coronaviruses. which there are many different forms because these tests simply cannot differentiate the minute differences between the strains/variants

Only when replication is widespread and great do you feel symptoms, and this is because with more toxins there comes a greater need for replication, thus, greater dissolution of waste—waste which becomes free-floating in the blood; toxins are dumped from cells intuitively when they reach maximum capacity, and viruses extract toxins from cells, and so forth, which bogs the system down due to toxic overload. When those viruses engulf a toxin, the virus dissolves the matter and that matter is then

engulfed by white blood cells and escorted out of the body via mucus, coughing, bowels, sweat, mouth, skin, and urine.

This is why symptoms such as these are needed to expel toxins, and this is why we develop them when sick. After this process, the body is strengthened, becoming healthier than before the event. This is how we can know for certain that viruses are not contagious, and that they are indeed part of the intuitive processes of the human body: generated and guided intelligently by the living microbiome of the body. If viruses were as they so adamantly claim, we would simply be fighting the unending replication of viruses without cause or purpose—as if it were a true poison, and 99.99% of all people would succumb to the same outcome in the end, which would be systemic toxicity due to endless replication, ending in death of the organism.

Vaccine Passports are Boldly Unlawful—Encroachment Upon Freedom

With the rise of the idea of implementing vaccine passports, we find ourselves entering into dangerous waters of increasing totalitarianism. As this plays itself out, you will find that many so-called 'experts' will claim that this is being done to protect public health, whatever that may be. Remembering that 'public health' is not a real entity, and that it is made up of individuals whom have the same individual rights under the law—this term 'public health' is a misnomer. Nowhere in the

Constitution do we read that we must give up our individual rights to protect someone else's rights, unless they are harming someone else, upsetting the peace, or otherwise. They, of course, will argue that this is all being done to protect the vulnerable and will refer to the above line. But when we put everything in its place, we see that each person has the choice to vaccinate or wear a mask if they so choose. according to their own belief, and can become 'protected' as they see fit. The US Constitution is clear in our right to freely travel to and fro without molestation or unreasonable searches and seizures. I do not care whatsoever what the so-called 'law' states—I am only concerned with the true which is stated in Constitution—nothing else rendered into so-called law is to be noticed.

NO law whatsoever shall be recognized by any state of the 50 states in the United States of America, or citizens belonging to one of the 50 states of the United States of America, that violates the rights of the citizens stated clearly in the Constitution. Any such law should therefore be ignored if made into law; by the Supreme Court, or by any state legislature within the 50 states, or by Congress, or by executive order of the US President. Such laws are unconstitutional and violate constitutionally guaranteed rights and personal liberty that are upheld in the US Constitution. Thus, a law that would require and mandate bodily harm in order to travel, would infringe upon a number of guarantees in the Bill of Rights, in particular, the Fourth Amendment, which states in part: "The right of the people to be

secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated..." This includes actions that violate religious liberty and freedom of expression, especially including bodily choice and autonomy. If it is my body, it is my choice, so long as it does not infringe upon anyone else's freedoms or rights, as stated in the Constitution. Why then is the Left only interested in a person's rights when it benefits their agenda, and when it does not, are completely opposed to it? When it comes to such corruption, where does one draw the line, stand up and say "No more!"..?

Above all else, we have a Second Amendment, which states the following: "A well regulated Militia, being necessary to the security of a free State; the right of the people to keep and bear Arms, shall not be infringed."

We the People must enforce the Constitution, either as both a lawful state militia, or as a single militia of one person. 10 U.S. Code § 246 States - "Militia: composition and classes (a) The militia of theUnited States consists able-bodied males at least 17 years of age and, except as provided in section 313 of title 32, under 45 years of age who are, or who have made a declaration of intention to become, citizens of the United States and of female citizens of the United States who are members of the National Guard."

Therefore, we have the right to defend the US Constitution against tyranny, foreign or domestic; within or without. As time progresses, you will continue to see the erosion of the Second Amendment, which

will prevent the people from defeating the lawlessness waged by Marxists in government that is to soon come. This accounts for the sudden push to manufacture and promulgate mass events that progress the agenda of world government. Be aware.

mRNA? DNA Alteration

All vaccines alter DNA. mRNA, as I wrote about in my last article, is a misnomer and is most likely a term being used to somehow lend credibility to the idea that these vaccines are causing cells to produce viruses, thus resulting in 'immunity'. I have seen no evidence of this, and it is theoretically impossible on its face. Cells cannot be instructed by foreign RNA to cause cells to produce a virus. Instructions like this are given by cells, and only cells, period. There are many processes of the body that must come together for this to occur; It is a lock-and-key system. Think: If these vaccines are causing cells to produce a particular virus (corona), then why not let people 'catch' the virus?

There is a multitude of contradictory information that these agencies put out. The main theme is: "Get the vaccine, it will protect you!" Of course, it won't. It will sicken you, but as all vaccines are designed to do, they do not manifest problems until later, unless you have immediate reactions to their toxicity. So, what is really going on here? I believe something more nefarious is going on—the manipulation of DNA through the introduction of multiple doses of specialized vaccines intended to specifically alter DNA more than past vaccines—to be

gradually introduced into society which will result in population reduction over many years.

Some information regarding mRNA from mainstream sources:

"To produce an mRNA vaccine, scientists create a synthetic version of mRNA encoding the spike protein. This is packaged inside fatty parcels, to make it easier for the mRNA to cross the outer membranes of cells, which are also made of fatty material. Once inside the cell, the mRNA comes into contact with protein making-machinery, which is located in the jelly-like cytoplasm filling the cell. It doesn't enter the nucleus, which is where our chromosomes are stored." ¹

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m his}$ is a lie. All vaccines alter DNA.

Chemical constituents, aluminum, and so forth, all cause degeneration of cells, and thus, cause DNA decay. But this form of mRNA is destined to become the most harmful of all to our DNA, due to the fact that these toxins may interfere with DNA more directly, somehow. The chemical wouldn't have to enter the nucleus to harm DNA. DNA can be altered in the cytoplasm, causing cellular mutations.

"All of the genetic information in a cell was initially thought to be confined to the DNA in the chromosomes of the cell nucleus. It is now known that small circular

¹https://www.gavi.org/vaccineswork/will-mrna-vaccine-alter-my-dna

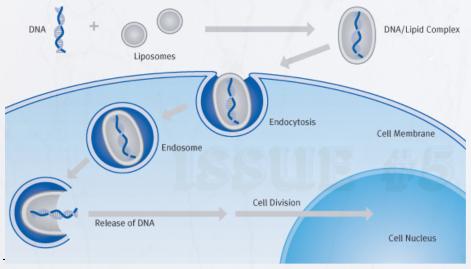
chromosomes, called extranuclear, or cytoplasmic, DNA, are located in two types of organelles found in the cytoplasm of the cell."²

To change an organism, chromosomes would not have to be affected directly—only specific DNA of the cell. Whatever this form of mRNA is, it is artificially made. It is synthetic. Therefore, I cannot tell you with utmost certainty what it is. But, it must affect DNA in some capacity in order to do as they claim. It is affecting protein synthesis, in some other way than viral. Perhaps it is changing transcription, and utilizing transfection. Transcription is the transfer of genetic instructions in DNA to mRNA in the nucleus. Transfection is the act of artificially introducing nucleic acids into the cell. Thus, they may be able to alter genetic code of the being. This is a form of eugenics. But it is my belief that their claim is mostly a lie and that the real effect is the alteration of DNA and widespread cellular decay over time—not to cause cells to produce a virus. This will be done through the introduction of these vaccines and

administered 2 to 4 times every year. Among millions of people, the effects could be drastic over a 10 year period, leading to widespread diseases of all types and eventual death.

A Question About the Nature of Viruses

Viewer Question: "Hi Jeff, I was just introduced to your work, a lot of food for thought. I am confused about the idea out there that bacteria in pleomorphic cycles like the yeast and early fungal forms in the Næssens somatid cycles 9-12, can get into the nucleus of a cell and release mycotoxins to inhibit cellular DNA repair & tumour suppressor genes, and turn them into cancer. Do vou subscribe to that idea of bacterial mycotoxins causing inflammation, and if not, what is the actual mechanism in your opinion for causing the cellular death and decay, apoptosis, etc? Do cellular viruses actually kill the cell itself if the terrain is too toxic for any kind of expulsion and removal?"



²https://www.britannica.com/science/heredity-ge netics/Extranuclear-DNA

Healthy, and somewhat healthy nucleus cells that manufacture proteins, assemble viruses from viral parts in the cell that then go out and do their functions. Cells that are too unhealthy to do so, will of course

not manufacture viruses because their fluids are too toxic. Viruses may dissolve portions of those cells by entering into them through weakened walls of the cell as well-it is entirely dependant on the cell. So yes, the cell may engulf or 'suck in' a virus, just as a white blood cell engulfs foreign matter, but it's not being done to infect the cell-in science theory even, it couldn't replicate in that cell anyway, since it's not stable enough. So, to answer the last part of your question, the answer is yes. The only time a virus would enter a cell is when that cell is so toxic that it must dissolve large portions of the cell. Sometimes the cell is so toxic that it must be entirely dissolved.

When you think about disease and how it occurs, think of the opposite of what we've been told—the negative, if you will. So, scavengers. bacteria are Widespread bacterial proliferation is needed when the body cannot regulate properly, cellularly. A good example is septicemia, a widespread bacterial infection. Remember that infection is what sends nutrients to the area of damage, so it is very much an important action of the immune system; the entire body. It is not the bacteria causing inflammation, but more so the need of cells to call upon a large amount of bacteria to help cells consume toxic matter now in the blood. which what causes the inflammation in the first place.

Now, when it comes to cancer, it is the inability for the body to discard dead and dying cells. This occurs due to lymphatic fluid congestion throughout the lymphatic network; there are 5 major networks throughout the body. Lymph fluids can

become congested from consuming cooked vegetable oils. Remember that vegetable oils are only one molecule away from being plastic. Plastics are made from vegetable oil. When you heat them, they turn into trans-fats and become oxidized. In the body, they form resins over time and harden into crystalline structures. Thus, over time, this causes the lymphatic system to inhibit flow of lymph fluids, leading to cancers, since the cells cannot expel debris in and around themselves, nor carry out their processes of toxin removal properly. Healthy cells will gather toxic/dead/dying cells and place them into tumors so that the body can then go back and gradually dissolve them as they are able to. The body can only really focus on one major problem at a time, thus, the need for tumors to house toxins until it is able

Somatids, in my view, is merely another name for microzymas. These are biological particles of all living organisms that will morph according to the terrain they are in; morphing into bacteria usually. They do not evolve from one organism to an entirely different organism, however. Think of a caterpillar morphing into a butterfly. As such, in some circumstances, a bacteria can morph into a different form of bacteria depending on the terrain it is in. This is common both in and out of the body; Bacterial mutation. Certain macrolevel bacteria are probably produced from these types of 'worms'. Bacteria are alive and, like a caterpillar, can morph and change forms, but they do not change into entirely different life forms—analogy: they move over a degree to the left or right, and change form in that way.

However, when it comes to viruses, they are only pleomorphic insofar as that the genome will mutate its instructions/blueprints prior to creation by the cell. In other words, after a virus is created, it cannot morph. Therefore, I deem this as 'viral pleomorphism'—the body mutating viral blueprints in the genome prior to viral creation. As such, there are a multitude of viral strains/variants, since the body mutates the strains depending upon the need of the cell.

Antibody Testing?

Viewer Comment:

"You know what is strange to me... that an antibodies test for COVID is not given to people to even see if they need the vaccine or not. Obviously, people like us know that this is all a sham—tests, vaccines, and all that.... but if you use their logic, then wouldn't it make sense to give an antibodies test first? Most likely they know if they give an antibodies test and so many people test that they've had COVID previously, #1 the vaccine won't have as many customers, and #2, it will prove to people who've been locked up but got a virus that viruses are not contagious AND usually only a mild reaction occurs! Keep up all your work, its a Godsend."

You make a great point, and you're right. Why are they not testing for antibodies? I think you see the whole picture that many others that are decieved are failing to see, and that is that this entire episode is, in part, all to do with driving up vaccination rates. If you recall back in late

2019, there was a huge push in places like California with the measles 'epidemic' to force children to get the measles vaccine before they could enter school. When that failed, and vaccine rates were falling, they transitioned directly into the COVID-19 fraud going into 2020 and concocted a non-existent virus by fabricating it from an already existing coronavirus. It is a drama show meant to drive the world into world government control—the virus itself does not exist. COVID-19 is a fiction.

To make matters worse, the West hired Chinese counterparts that work for the WHO and other such agencies that are all a part of world government in order to perpetuate this narrative. They conditioned the people to believe the virus escaped a lab. Through chaos and fear, they control. Obviously, if it escaped a lab, the seed planted in the minds of the people is that it is contagious, otherwise, it couldn't escape a lab in China.

It is my belief that China and the West have been working to develop eugenic vaccines by studying how to alter DNA. It is not just China however, I believe other countries are involved also. The Chinese staged hospital footage in order to institute totalitarian laws there, and serve as fearmongering the world over, probably as a testing ground for the West to observe the outcome. The deception is far-reaching. China is not the real problem, as the West would have you believe—it is the West that conceived of world government many years ago.

It is criminal elements in the US government part of the elite secret

brotherhood, both in and outside of the US, that is behind all of this. The West is behind the rise of China. They allowed it. Why? In order to bring about a level playing field, which must be done in order to institute world government. They must destabilize countries and/or allow them to rise in order to minimize US power. This leads to socialism; reliance on government to live. Government aid put these countries on the hook to do as the West says or else.

Having said that, the reason they do not do this or that is because that is not the goal. The goal is 100% vaccination across the board. If the test is looking for genetic material left behind by a coronavirus, that would mean millions upon millions of people would test positive. Coronaviruses are very common cold viruses, ranging in both moderate to mild. The test is designed to look not for COVID-19 in particular (because it can't), but any coronavirus strain, of which there are many.

That is all for this issue of SHINE A LIGHT Newsletter. Please visit my website for more information:

https://virusesarenotcontagious.com/

If you have any questions or would like information on a particular subject, please email me at my website by filling out the form.

—Jeff Green