



For the cover of issue #7 of Shine A Light Newsletter I have used one of my illustrations to showcase a sample of an upcoming art series I am producing depicting the processes of viral creation by cells. The front cover picture above shows the creation of virions (virus) being produced by a nucleus cell, then lysis of the cell (breaking open) wall to allow the viral particles to enter into the rest of the body. This shows the final stage of viral replication.

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Issue #7

Jeff Green

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In my previous newsletter, I expounded upon epigenetic changes and how they are being used in the new mRNA vaccine technology. I begin this newsletter with a question leading in to more information concerning this topic.

Lab Leak Scandal

Debbie asks: "Have you seen/listened to the clip of Sen. Rand Paul grilling liar Fauci in Congress? I know, Rand Paul doesn't understand viruses either but what I want to ask is about is the Gain-of-Function lab work. I had read about GOF/BSL4 labs probably back in March of 2020. My understanding was that they do indeed try to passage viruses through different animals which makes them more and more pathogenic and to target specific tissues.

I think Fauci said in that clip that it is molecularly impossible to infect a human with an animal virus, correct (*probably why he could say that he wasn't lying*). BUT what really are they doing in those labs? Working to grow viruses for vaccines?"

Yes, I have watched the Fauci testimony a number of times going over the argument with a fine-tooth comb. Fauci is correct when he claims that Gain of Function is not used in the way Rand is claiming. This is another area where the conspiracy theorists have it wrong and they are being laughed at. Gain of Function is the act of taking animal viruses and putting them in

conditions wherein they can be more easily studied in order to be able to come up with a serum (vaccine) that will elicit certain immune responses to that tissue. Fauci showed his cards when he said those viruses being studied were molecularly impossible to cause infection in humans. He's correct, but he probably wasn't thinking that far ahead because he was angry at Rand Paul.

So, they are utilizing Gain of Function, not to increase 'transmissibility', but to make it easier to study the effects of diseased tissue on the human organism. And, remember, that any tissue injected into the body will cause certain reactions to the organism. So, they study the effects of splicing (joining) viral tissues from diseased tissues which are extracted from diseased animals. In so doing, they can come up with a very particular serum that does what they want—this takes a long time to get right.

They were studying mRNA technology for years in Wuhan. It is merely a more advanced form of vaccination that utilizes a more complex way of altering cells; a more specific and direct way. This is also why these vaccines must be frozen to sub-zero temperatures. In these vaccines, as I wrote about in my last newsletter, they are utilizing epigenetics to get pieces of viral tissue (*not whole viral tissue*) into cells wherein they deliver toxic DNA-altering compounds that alter future cell division; it alters the way cells divide their DNA in the future and intends to remove a portion of DNA from the human DNA sequence to reduce cytokines (inflammation cells) from responding to toxicity. This I know for certain. I provide the study in my last newsletter. The portion of viral tissue attached to an adjuvant is the catalyst by which to deliver it to cells as they engulf the toxic tissue to neutralize it. Thus, it makes its way into the cell and causes cellular degeneration and alteration.

I believe there are also other reasons they are doing this, and it has to do with suppressing the immune system in order to allow another alteration of DNA without the body going into systemic shock.

I can only prove that they are altering cytokines through epigenetics. That is a fact. What else they are doing, I have not figured out yet, but I probably already know the answer and just need to think about it more deeply.

What else are they modifying? I believe it is likely some other sequence in the DNA alongside cytokine reduction, which in and of itself is dangerous. These vaccines are immune cell suppressors. They are preventing proper detoxification. When you reduce inflammation, you reduce detoxification and healing. That is why they are trying to approve a 3rd vaccine—the first booster shot. Those booster

shots continually suppress the body from detoxifying. If the population does not receive their booster shots, there will be a price to pay as everyone who received these vaccines (*and any other vaccines, or has built up toxicity in general*) will begin to detoxify in extreme ways and become sick.

They claim these vaccines cause the cell to produce a spike protein of SARS-CoV-2. This is a mischaracterization and is mostly untrue. What is happening is that protein synthesis of cells is being altered so that when cells divide in the future they will divide with a portion of their DNA sequence missing. Therefore, you do not have to alter DNA directly, but indirectly. You allow the cell to do the work for you. This is called epigenetics, or more specifically: gene editing, which is the study and application of altering an organism's DNA.

This is what was going on in these labs. Did they perfect the technology? I assert that this is being done now as a human experimentation trial to observe the effects. In order to get this mRNA technology out to the public, they must have a justification for doing so. To utilize this DNA-altering vaccine, they must have a 'pandemic'. So, they concocted a new strain of an already existing coronavirus in order to do so. This makes the storyline more believable.

If I can come to this conclusion, they certainly can. The reason they used coronaviruses was because they are easier to study due to their more simple nature and are very common in humans. China, Wuhan, has a heavy bat population supposedly prone to coronaviruses (*as well as other animals*) and serves as a perfect location to study in, especially in a communist state like China where there are no real laws on such experimentation. **But be not fooled:** This was funded and brought about by the West. China played a minor role at best.

What I am inferring is that they didn't actually concoct a new virus, but they made up a storyline so people would believe it was new. In actuality, there is no CoV-2 virus. They couldn't use a common cold virus to fabricate the new virus idea because colds are not very severe. But coronaviruses, like the flu, can sometimes be severe. So they used a common coronavirus as the framework by which to base the storyline around, and it was therefore more believable that way.

Epigenetics: The Future of Gene Alteration

Epigenetic gene editing is the word they use for the study of explicitly altering the DNA of an organism. Naturally, epigenetic changes can

determine whether genes are turned on or off; they influence the production of proteins in cells. But epigenetic changes can also be made artificially by human intervention. An epigenetic change is a modification to DNA that occurs when a chemical compound or protein attaches to a gene and alters gene expression. The actual DNA sequence is not changed, but rather the chemical or protein is attached to the DNA. Epigenetic changes can be passed down through inheritance or can occur through exposure to environmental substances, as a result of lifestyle behaviors or due to increasing age.

One example of epigenetic change is through changes to methylation.

Methylation occurs when small molecule methyl groups are added to DNA. The addition of these groups to DNA results in the gene being turned off, and thus the protein made from that gene is not produced. The epigenome changes throughout a person's life. *Regulation of Gene Expression in Eukaryotes (healio.com) Read the section titled 'Gene/genome editing/CRISPR.'*¹ Epigenetic modifiers can be used to alter gene expression which changes DNA transcription by the cell. The modifier is introduced to the cell. When the cell divides, future cells carry this same DNA, and the alteration lives on in every cell created thereafter.

Cell Cultures—CPE

Cytopathic effect, or CPE, is thought to be observed in lab environments wherein observers believe they see viruses infecting cells, but this is only part of the equation. Are viruses infecting cells, or is it the other way around? To find out, we must think deeply.

Let us approach this from the opposite angle. Researchers put tissues/cells into 'clean' environments wherein they are kept alive but not healthy by cellularly toxic serums. **Viruses occur in the absence of the living microbiome as part of cell survival.** Observations are heavily skewed in such an environment, rendering false conclusions based on limited evidence. This is how they 'grow' viruses. They merely observe cells produce their own cellular breakdowns, which are a type of enzyme known as a virus.

These are known as positive cell cultures. In the body, you have very small amounts of viruses being produced by cells to aid cellular functions; Viruses are utilized by the body at all times in small amounts to aid cellular functions. Just because those viruses are there, does not mean the person will be sick, or ever be sick. It takes a lot of viral replication for viruses to become a problem.

¹[Regulation of Gene Expression in Eukaryotes \(healio.com\)](https://healio.com/clinical-trials/2019/06/18/regulation-of-gene-expression-in-eukaryotes/)

During times of extreme toxicity, chemicals are produced by cells. One of these chemicals, a primary agent of cell survival, are an enzyme known as viruses. Viruses should never be referred to as an innate poison, but instead as a specific dissolver guided by RNA. Their nature is that of a chemical production—not a poison. Viruses are a solvent that dissolves and fractionates (*breaks apart*) substances via RNA guidance.

They utilize a large amount of water to dilute substances. Viruses are primarily made up of water on their outer coating that act as a surfactant that engulf toxic tissue. When the virus withers, the substance is now broken apart and has been diluted and neutralized by water. This allows easier work for white blood cells and other cleansing cells to clean up the leftover debris. During illness, cells may manufacture viral solvents to help damaged cells break down their own toxicity. Only cells that contain a nucleus can produce proteins such as viruses.

When bacteria and cells are so poisoned by toxicity in the body, the body will produce viruses to aid cells. The body uses viruses to try to mitigate the problem, but in severe cases, the body will experience systemic toxicity from the vast amount of toxins now being dumped into the blood, along with all the viruses and their subsequent diluting of those toxins. Without proper amounts of neutralizing minerals, such as calcium and magnesium, the body may degenerate quickly into a dangerous situation of systemic toxicity.

A Note on Isolation: With regard to isolation—Many have claimed that viruses do not exist, or that they have never been isolated. Viruses have indeed been isolated. Stefan Lanka in his writings has also illustrated that bacteriophages, a type of virus, have been isolated.

But many viruses are much smaller than bacteriophages, including coronaviruses. They are so small that they cannot reflect light. Bacteriophages are some of the largest of viruses, therefore they are more easily seen and more easily isolated from their fluid constituents when using centrifugation. The word 'isolation' has been misused to somehow prove the non-existence of viruses. And yet, this is a grave error. Without viruses, the body would easily die in times of systemic toxicity.

What isolation is, is something that must be understood first and foremost before calling it into question. It is true that there are viruses that have not been shown to exist, SARS-CoV-2 being one of them, which I do not believe exists at all. Theoretically, they could 'show' it to exist, even if it is not a naturally occurring virus—so this must

also be taken into account. In order to explain symptoms, there must be a solvent factor that is breaking down toxicity and immune cells subsequently discarding and ejecting those toxins from the body. Viruses exist as non-living solvents, and they are necessary for our survival.

Calling them viruses is still applicable in a way because they are a type of cell chemical. By solely calling them 'enzyme waste dissolvers', the world at large will not understand what we mean. Therefore, we must redefine what a 'virus' is.

Graphene Oxide

Graphene oxide is in fact being studied and/or used as a type of antigen. Manufacturers have claimed it is not in their vaccines. If it is, it is being used in order to alter DNA more easily. "Gene delivery is a method of introducing foreign DNA into the cell. It is an alternative approach to cure various genetic diseases. Modified GO is used for gene delivery purposes. Polyethylenimine (PEI) modifies the surface of GO sheets and thus makes it ready for cellular gene delivery through covalent conjugation and electrostatic interaction for plasmid DNA (pDNA) stacking."²

What we have now is a situation whereby people are worried that merely being around those that are vaccinated will cause their blood to become 'magnetic' due to graphene oxide nano-particles, and that they are getting toxic byproducts from those they are around. Each week there is a new bogymen—a new ingredient to waste time discussing, debating, and arguing about. Again, this is more fearmongering nonsense.

My approach is simple: Do not get a vaccine.

The body is a self-contained biochemical being. The human body simply does not operate in this manner and it is another avenue where those in power can malign truth seekers because of its obvious idiocy. Whoever spreads this stuff should be ashamed. I have personally been around those that are vaccinated and noticed absolutely no side effects. I do not agree with their choice to get vaccinated, but I have been around such people.

Again, the body cannot transfer toxins as these people are claiming. Further, the body absorbs and houses toxins—it does not readily expel them so easily and all at once.

I have every reason to believe it is intentional disinformation. Do you realize how much graphene oxide it would take to make the

² [Graphene and graphene oxide as nanomaterials for medicine and biology application | SpringerLink](#)

blood magnetic? More than what is in a vaccine vial, that I can assure you.

People are simply not using their heads and jump to wild conclusions based on anecdotal evidence, and then claim it is a shut and closed case. It is a good thing these people are not in power or we would actually be worse off than we are now. The first step these people need to take is to delve into HOW vaccines actually function with regard to their toxicity. Understand how the body deals with toxicity, and how it is eliminated. That will dictate the answers these people seek.

I get emails from fearful people like this all the time and I try to comfort them, then they email me back with another worry. People are more freaked out now than they ever have been.

Sanitation

When it comes to hand washing, observers may observe that cleanliness reduces some rare instances where outside bacterial sources would cause some level of infection (*usually during surgery*). In actuality, mankind has been giving birth long before the idea of 'sanitation' with no problem—many times live births on a farm with manure and fecal matter from humans and animals all around. Tribes, natives, and most other people long ago did not wash their hands routinely, including during birth and most activities such as eating, yet there was never a problem. The body cannot be cleansed of bacteria, and the notion that it can is another deception by the medical industry.

Sanitation retards healing of wounds by killing bacterial colonies on the skin responsible for proper healing of tissue; preventing reformation of damaged cells, and cellular division. Cows, pigs, etc, are born into their own waste with no problem and thrive healthfully as a result. When taken out of their 'dirty' environment, they are seen to develop disease. When returned, the disease vanishes. Therefore, bacteria go hand-in-hand with health. When you observe the bacterial levels of modern man, you can see that almost all people in 'civilized' society have a great reduction in the proper rate of bacteria necessary for optimal functionality of the body; by trillions.

When it comes to sanitation, it depends on what type of sanitation we're talking about. Consider that when a baby is born, it passes by feces, blood, and fluids from the mother. This establishes a relationship with bacteria early on. Without this natural relationship, the child will not flourish healthfully in the outside world. Also, consider that bacteria, enzymes, stem cells, and cells such as epithelial cells, and their precursors, exist in a healthy mother's milk. These feed the

baby and get it ready for the world it will enter into. Of course, if the mother is not healthy, her milk will also be unhealthy. Naturally occurring bacterium do not negatively influence a child or mother during birth. They are optimal and beneficial.

However, the opposite is true when it comes to disinfectants, which used to contain mercury (or still do); products such as Merbromin and Merthiolate.

Also, mercury exists in small amounts in chlorine bleach. Iodine, which is frequently used, is also a problem for tissue as it not a natural form of iodine and is toxic to the body. Only alcohol is the least toxic antiseptic, but still damages. Such disinfectants toxify tissue and cause infections to occur as the tissue tries to both heal and remove toxicity from the tissue. Scaring results much more readily from using these substances. Also, accumulated toxicity already present in the tissue (the skin, in particular), will pose a problem in healing; causing retardation of healing. This is because toxicity, such as aluminum, that deposits in the nerves of the skin from all sources much of which stems from vaccination, will be confronted by cells attempting to renew and heal the wound.

When those cells are rebuilding tissue and then come into contact with these metals, they are poisoned to death or degenerated, which causes improper healing. So, the body must both remove this toxicity and heal the wound at the same time, which can lead to necessary infection and improper wound healing. White blood cells may be sent to the area to help push that foreign debris from the tissue (*infection*). These are all things the medical industry does not consider.

Their treatments cause 90%+ of these problems; either from accumulated vaccination or harsh and caustic chemicals used to sanitize tissue, which alters tissue from its natural state.

When you have surgery or cut the skin, cells are damaged. During healing, if tissue is toxic, white blood cells must enter the area to help discard toxins in the tissue. If those cells come into contact with poisons embedded in the tissue there will be a problem. Those cells help push toxins out of the body via pus through the infection process. When you kill those cells in and on the tissue by using caustic disinfectants, the body does not properly swell at the area of damage, which results in improper detoxification. Swelling, and pain, and sometimes infection, are necessary to heal any wound. Improper healing results and healthy cells surrounding the outside of the wound itself are also damaged. Scaring is therefore much more likely as well. This would result in a situation whereby infection grows to a point of being out of control due to external molestation of the body using antiseptics, etc.

That is all for this issue of ***SHINE A LIGHT Newsletter***. Please visit my website for more information:

<https://virusesarenotcontagious.com/>

If you have any questions or would like information on a particular subject, please email me at my website by filling out the form.

To support this cause of bringing you the truth, please consider purchasing my book.

—Jeff Green