SHINE A LIGHT

NEWSLETTER

BY

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SHINE A LIGHT Newsletter

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- **How Do Viruses Mutate?**
- **Can Viruses be Isolated?**
- **Koch's Postulates Flawed**

Viewer Question:

"I'm so curious how they (scientists) can say a virus will adapt or mutate when it seems even mainstream scientists agree it's not a living thing?"

Viruses cannot mutate by themselves. They are only pleomorphic insofar as the genome will mutate the blueprints for cells to manufacture different strains of the same virus. Obviously, the cell creates the virus, and the cell genome will change the creation of the virus (mutation) in order to suit its needs. Viruses cannot mutate on their own like certain bacterium can since viruses are not alive.

When it comes to bacteria, they do not change their form entirely. They merely morph into slightly differing forms to meet the needs of the tissue in which they reside. So, when they claim the virus is mutating, it is because the virus is being mutated **BY** the body—not solely by itself. It is the body that is mutating the virus; changing it to suit the needs of the body and of whatever toxin it is encountering. Perhaps the first strain was not enough, so cells intelligently create differing proteins of the same strain (viruses). They say "OK, we need these types of solvents to cleanse, and we need to change the viral structure minutely to meet that need." Then, cells will mutate a virus during creation to do so.

Remember that each and every body that develops coronavirus will contain a different strain. That goes for any virus. Even if you develop HIV virus, or rhinovirus (cold virus), or flu—each strain is different. There is no strain that circulates throughout the population (for a number of reasons, obviously). They claim there are at least 6 different groups of coronavirus. Each one of those groups has different strains within them. Then, you branch that out to a person to person basis and you have unlimited strains (of course, still coronavirus, but different because of RNA and DNA differences between people).

Question #2:

"Has a virus ever been observed entering a human cell while in human tissue? (No, computer-generated models do not count.)"

I've seen little evidence of it as far as video or photo, and always under the guise of 'infection'. I've theorized before that viruses would only enter weak and decaying cells to dissolve a specific part of a cell and help reverse a cell's toxic fluids that are not healthy enough to manufacture proteins—not to 'infect' a cell. The ability for the virus to latch on to the cell due to compatibility between RNA and DNA of that particular cell and virus, which will attract viruses to specific cells like velcro—in hindsight, it's a very intelligent thing that happens.
Science claims a virus will inject into the cell its own genetic material, but in order to do so, it must dissolve a portion of the cell. They then claim endocytosis engulfs the virus, bringing it into the cell. It is my belief that the opposite is happening.

The cell is engulfing the virus intelligently on its own accord. And remember, in an indirect way, science itself claims viruses can dissolve parts of cells, because (they claim) the virus must dissolve a portion of the cell in order to inject its genetic material in order to replicate, which just so happens to be compatible with the host body's RNA and DNA. When a cell creates a virus, it embeds the core of the virus with RNA and DNA 'keys', and layers it under a protein surfactant type coating (capsid) made of a gel-like water membrane, which allows the virus (with the help of white blood cells) to dissolve specific tissue by engulfing the matter in the outer coating, and gradually dissolving the matter by disassembling it as an enzyme would break down food. The only time a virus would enter a cell is when that cell is so toxic that it must dissolve large portions of the cell. Sometimes the cell is so toxic that it must be entirely dissolved.
The cell allows a virus inside, not to infect the cell and replicate (because the cell cannot replicate a virus in such a way, since viruses must be created from the ground up by your own cells). Viruses that occur in healthier cells can be produced easily, and while inside the cytoplasm, they can clean up the inside of that cell. So, there is no need for other viruses from other cells to enter into those cells.

But what if you have a toxic cell that cannot produce its own soaps (virus)?

Cells create viruses that dissolve tissue in and around cells. They can also dissolve specific portions of dead or dying cells. So they are being drawn to cells intelligently by RNA and DNA keys that attract the virus to the cell with the help

of white blood cells that regulate virus actions. Science itself even admits that this is the purpose of viral RNA and DNA. Healthy and somewhat healthy nucleus cells that manufacture proteins assemble viruses from viral parts of the cell that then go out and perform their functions. Cells that are too unhealthy to do so will of course not manufacture viruses because their fluids are too toxic.

Viruses may dissolve portions of those cells by entering into them through weakened walls of the cell as well—it is entirely dependant on the cell. So yes, the cell may engulf or 'suck in' a virus, just as a white blood cell engulfs foreign matter, but it's not being done to infect the cell—in science theory even, it couldn't replicate in such a cell anyway, since it's not stable enough. Science claims the virus is infecting a cell if they see a virus entering a cell. I have never seen proof of most of their claims. Most of science is theoretical—not proven.

Most of the things I am writing are hard to find in the literature, but it does exist, albeit with many half-truths. I strongly and completely disagree that viruses are out to infect a host. They are intelligent expressions of cells in danger of systemic toxicity. All cells communicate with each other when they are in danger. It is a whole-body effort. Viruses are merely enzymes that are cleansers—their purpose in the body being to reverse toxic conditions.

Question #3:

"Is there an example in nature that demonstrates (or helps us 'observe') the purpose of a virus as cleansing agent over deadly invader?"

Whenever someone comes down with a viral illness, we almost always observe that person becoming healthier after the fact. It strengthens the body. They may feel better than they have in a long time due to such cleansing processes. The body is sort of like a vehicle that needs to have the oil changed every so often. The body accumulates and discards, accumulates and discards, over and over again every single day. It is an act of always trying to maintain a relative balance.

When the body is healthy, that balance is achieved without much labor. When toxins are added to the equation, the body has a difficult time maintaining itself, and disease results. We know something is breaking down toxic waste in the body because symptoms increase with colds, flus, and other viruses. Those symptoms expel their dissolved matter outside the body after viruses dissolve them into minute particles, neutralizing them with alkalizing minerals such as calcium and magnesium.

Mucus, coughing, and other routes increase their expulsion until all that

matter is removed. This alone proves there is a dissolving factor (viruses) at play without ever witnessing them via microscopy. It is felt and observed from outside the body. After that is complete, the body returns to relative ease for a while. This is proof that there is something breaking down matter. We call these viruses, but the actual term we should use is 'enzymatic waste dissolvers' that break down cellular and toxic waste, foreign debris, and other substances that normal janitorial agents cannot feed upon and remove.

White blood cells are what help expel toxins from the body, and exist in mucus/phlegm. Viruses dissolve toxic matter in order to then be expelled by mucus, skin, and bowels. White blood cells work alongside the virus and engulf the dissolved matter. Mucus, for instance, is made of white blood cells that can bind with substances and escort them out of the body without much damage; toxins and their byproducts are acidic in nature. When mucus turns green or brown, there's a heavy protein presence that causes it to thicken, and is being used to bind with many volatile toxins. Mucus increases when one has a cold, flu, or allergy, or whatever it is that needs to come out of the body. The rest is removed via the bowels and skin.

Static Environments — Observational Error

When scientists claim they see entry of viruses into cells, they are theorizing entry, because viruses cannot be seen in the living state as is suggested. Although they can be partially observed through static environments, their observations will not be accurate for a number of reasons. First, one must understand that static environments, such as petri-dishes, are devoid of the entire range of cleaners; such as bacteria, parasites, fungi, and cleansing cells. Do researchers go out of their way to include all of this in their research? The answer is **no**. That task is nigh impossible anyway since there are so many processes of the microbiome in the body. When you observe these microbiome constituents outside the body, you will observe different actions as you would in the living body that has not been interfered with. The minute you interfere with tissue, the cells change their behavior; most of the time becoming erratic.

For instance, if you cut a piece of your arm off to observe the cells in it, those cells will become panicked and go into survival mode, and blood cells will begin to die and clump together; observations will be skewed heavily. When it comes to viruses, viruses are observed in relative, but not full, isolation. That is,

they are not combined with the full living range of processes in the body.

Cells are kept in toxic serums that just keep cells alive, but cause toxicity in that cell. Scientists will therefore always observe the manifestation of viruses because cells have no other cleansing agents by which they can utilize, so cells manufacture the only thing at their disposal, which are non-living enzymes (viruses), in order to cleanse themselves in that toxic environment. Viral parts already naturally exist in all nucleus cells of the body that create proteins.

Can Viruses be Isolated?

Viruses cannot be 100% isolated because they are bound with fluids from the body. Viruses may only be 99% isolated when 'grown' in cell cultures that sustain cellular life, but they are still bound by some level of-fluids. They usually use 'HeLa cell' lines which are supposed to be 'immortal cells', which are really mutated cancer cells that incur false observations of reality, because they do not behave as normal cells would—they are mutations and those cells are partially dead by nature. Without bodily and cellular fluids, viruses would wither. Complete isolation of cell constituents, like viruses, is practically impossible. A virus cannot be isolated in the sense that it will then exist solely on its own without disrupting the nature of the virus itself. You cannot completely isolate something like a virus from the rest of its constituents. Perhaps, through purification methods, such as utilizing a centrifuge, they can attempt to isolate a virus, but then a virus will become something entirely different than its organic counterpart—attenuated and altered, purified, etc. It then eventually becomes 'dead' tissue, thereby altering its nature.

Furthermore, viruses do not mutate on their own. Cells mutate their genome blueprints in order to then be able to produce specific enzyme (virus) mutations. Unlike bacterium, viruses are not alive to change and morph, so they must do so indirectly via the cell.

Remember that viruses are cell expressions. Either way, you cannot then inject that tissue and cause immunity, because the body uses cellular RNA and DNA to communicate their processes in the body—those communication keys are embedded by your cells. Since viruses originating outside your body do not contain your specific RNA and DNA, it is analyzed as nothing but foreign debris with no identification key, thus, no purpose.

You cannot 'purify' viral tissue because it is bound to fluids from the body. Viruses will be produced by cells if cells in a test tube cannot cleanse themselves of toxic serums not inherent to their natural

environment. Since those cells do not contain the microbiome as would appear in the body (all living bacteria and agents), the cell must manufacture a non-living protein—the only agent it has at its disposal. When viruses are set in a prime environment, they do not replicate, obviously, since they are not able to replicate on their own. Only when observing cells themselves do we see such viral replication occurring.

Furthermore, cells in such an environment, as stated, do not behave as they would in the body. There is no waste removal, such as perspiration, so you will always observe cell mutations and irregular cell behavior that would naturally be regulated and removed by the natural processes of the body. So science blames those mutations as something negative happening in the body, but they do not go a step further and figure in the cleansing mechanisms therein, which would remove that cellular degeneration/mutation.

As stated, viruses occur in such conditions because cells are limited and surrounded by their own cellular waste. How else shall they cleanse?

The answer: *viruses*.

Koch's Postulates Flawed

Koch's postulates apply only to bacteria, and are not accurate testing methods for bacteria, especially viruses. Yes, that seems to be the adopted mainstream view, but has at the same time been disproved by many. Koch was in-line with Pasteur with regard to Germ Theory, so his postulates are based upon a fallacy from the beginning; blaming the bacteria for the disease. As previously stated, viruses and bacteria cannot be accurately observed outside the body as is surmised in that theory. As explained, the reason is that such test environments are static and devoid of the entirety of the microbiome (the constituents of the living microbial environment, including viruses and cells)—therefore, observations will be made that are wholly inaccurate and will mislead the observer. Viruses cannot be extracted from their bound constituents and fluids in the body—they do not exist as singular viral tissues in natural cases.

They can be grown in a lab using diseased cells that are then sparked to produce their own viral proteins to cleanse. They know this, but they convolute the science and confound it with doublespeak. If such a theory believes that viruses taken from an 'infected' patient will spark the same infection in another body, it must also be noted that there have been many

documented cases that prove otherwise; no such infections occurred when all coincidences ceased. If they are coming from the cell itself, Germ Theory is invalid. If there is one iota of evidence that cells are creating viral tissues on their own, Germ Theory is invalid.

The doctrine to seemingly explain that viruses infect cells and hijack their cellular mechanisms is nothing but a cover story to hide the fact that it is an intelligent function of cellular behavior—not the other way around. Many know this, but continue the lie inherited from Germ Theory.

If this were the true nature of viruses, we would observe them indiscriminately attacking all cells in the body, and the outcome would be 99% the same in every body across the board, much like the same dose of cyanide given to a group of people; While many can become somewhat immune to certain dosages of poisons, there are many poisons, such as cyanide, that are lethal in almost everyone that receives it.

Viruses, likewise, would behave in the same way if they were infecting cells without cause or reason. We would almost always observe the death of the organism it invaded; immune function and health would matter not.

That is all for this issue of *Shine A Light*. Please visit my website for more information:

https://virusesarenotcontagious.com/

If you have any questions or would like information on a particular subject, please email me at my website by filling out the form.

—Jeff Green